## NEXT CULTURE NEWS

Volume 4: October 16, 2025 www.ionaconner.com

This newspaper is a bridge between patriarchy and the new culture which is being created around the world. Welcome to Archiarchy, where archetypal women and archetypal men (Archans) work together and things get better.

## 'Our New Reality': Planet Reaches First Climate Tipping Point with Coral Reef Dieback

"We can no longer talk about tipping points as a future risk," said one researcher. "This is our new reality."

By Julia Conley Common Dreams: October 13, 2025

Less than two years after researchers at the University of Exeter in the United Kingdom warned that the world was nearing numerous climate tipping points, a report out Monday warns that one such "point of no return" has already been reached, with warm-water coral reefs "experiencing unprecedented dieback."

Surging global temperatures, especially in recent years, have pushed the world's coral reefs into a state of widespread decline, with the worst bleaching event on record taking place since 2023. More than 84% of the world's reefs have been impacted.

In the Global Tipping Points Report 2025 released Monday, the researchers warned that "the central estimate" of coral reefs' "tipping point of 1.2°C global warming has been crossed," with planetary heating now at about 1.4°C above preindustrial levels. See report at



Bleached Acropora, a genus of small polyp stony coral in the phylum Cnidaria. Some of its species are known as table coral, elkhorn coral, and staghorn coral. Over 149 species are described. Acropora species are some of the major reef corals responsible for building the immense calcium carbonate substructure that supports the thin living skin of a reef. Photo: Vardhan Patankar, May 12, 2016

GTP\_summary\_report\_2025-V6-131125-PAGES-LO-RES.pdf

The warming waters have caused widespread bleaching of coral reefs, which impacts nearly a million species of marine animals and organisms that rely on them to support some of the planet's most diverse ecosystems.

"Unless we return to global mean surface temperatures of 1.2°C (and eventually to at least 1°C) as fast as possible, we will not retain warm-water reefs on our planet at any meaningful scale," the report says. Minimizing non-climatic stressors, particularly improved reef management, can give reefs the best chance of surviving under what must be a minimal exceedance of their thermal tipping point."

The decline of coral reefs also leaves coastal communities without natural barriers against storm surge, compounds the overfishing

Continued on page 3

## Letter from the Editor

Dearhearts,

I thought my days of protesting were over as I was trying to live more in Archiarchy and less in patriarchy but trump (sic) is so horribly evil that I'll be at the protest Saturday and will try taking pictures for the next issue of *Next Culture News*, but I'm warned that they can hack phones so I must be careful. ICE is reported to be watching us and undercover spies will be in our midst.

My plan is to park my car, snap a few photos of the group, turn off my phone, put it in the glove compartment, and join them. I'm not making a sign. I can't stand too long but I'll do what I can.

After you read page 28 about my hightened anger over the situation in our country (USA), I searched for photos of women with bows and arrows, warrior women in other words. Since most of my columns will be based on other things, I will probably put those pictures here instead of on my "lona in Action" page.

I took archery lessons long ago and even bought a bow and arrow. It was a class for kids and I had to stand closer to the targets than they did, slightly embarrassing. It was good but I gave up.

I'm still developing a routine for publishing this newspaper, now in its eighth reincarnation. As times change and my spirit changes and the world changes, I change the name and themes of my newspaper. I love doing this and I love making changes – sometimes.

Signing off with a smile and love,





## Please Support My Work

Dear Friends,

If you'd like to receive future issues of my newspaper, please email me at grassrootscoalition@pa.net. Also, email me if you have stories and photos you'd like me to consider publishing. I publish a Messages page, so if you want to share your thoughts, please do so.

I'd like this to be a team effort, but we need time to develop this project and figure

out ways to work together.

This is a labor of love but I always appreciate donations, which you can send to: Iona Conner, 157 Chambersbridge Road 4A, Brick, NJ 08723. If you use Zelle or PayPal, money goes directly to my bank account via dosomething@pa.net. Cash is OK, too. Thank you!

For the Earth,





#### Fair Use Symbol





Fair use is a legal doctrine that promotes freedom of expression by permitting the unlicensed use of copyright-protected works in certain circumstances.

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(1) Purpose and character of the use, including whether the use is of a commercial nature or is for nonprofit educational purposes. . . .

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crisis by depriving fish of a habitat in which to reproduce, and impacts thousands of jobs and billions of dollars in reef tourism each year.

"As we head into the COP30 climate negotiations it's vital that all parties grasp the gravity of the situation."

"We can no longer talk about tipping points as a future risk," Steve Smith, a social scientist at the University of Exeter and a lead author of the report, told *Nature*. "This is our new reality."

The arrival of the tipping point necessitates immediate, significant reductions in fossil fuel emissions that are driving planetary heating in order to return to a global mean surface temperature of 1.2°C over preindustrial temperatures, but climate scientist Bill McGuire did not mince words Monday regarding the likelihood of mitigating the damage already done to coral reefs.

"We won't reduce temps to 1.2°C as soon as possible, so this is the death knell for most of the world's stupendous reef communities," said McGuire. "Other tipping points will follow."

The report notes that the world is still headed toward other climate tipping points, namely the "large-scale" degradation of the Amazon rainforest, which is projected to "weaken global climate regulation" and accelerate biodiversity loss; the melting of mountain glaciers like Áak'w Tá Hít in Alaska; and for the Atlantic Meridional Overturning Circulation (AMOC), which regulates the climate by transporting warmer waters from the tropics to the northern Atlantic Ocean, whose likelihood of reaching a tipping point "increases with global"

temperature" rise.

Without rapid cuts to greenhouse gas emissions, the *Global Tipping Points* report says, the upper threshold of global temperature rise for coral reefs of 1.5°C is likely to be reached within 10 years.

"We are going to overshoot 1.5°C of global warming probably around 2030 on current projections," Tim Lenton of the University of Exeter's Global Systems Institute told *The Guardian*.

Manjana Milkoreit, a co-author of the report and political scientist at the University of Oslo, told *Nature* that, "[W]e have the knowledge regarding how to stop the Earth from reaching more tipping points."

"What we need is a kind of governance that matches the nature of this challenge," she said.

The report also acknowledges "positive tipping points" that could have runaway impacts on the ability to rapidly draw down greenhouse gas emissions, such as the widespread adoption of regenerative agricultural practices and an acceleration in the transition toward electric vehicle and solar power use.

"Solar PV panels have dropped in price by a quarter for each doubling of their installed capacity. Batteries have improved in quality and plummeted in price the more that are deployed," reads the report. "This encourages further adoption. The spread of climate litigation cases and nature-positive initiatives is also self-amplifying. The more people undertaking them the more they influence others to act."

Lenton told *The Guardian* that, "[T]he race is on to bring forward these positive tipping points to avoid

what we are now sure will be the unmanageable consequences of further tipping points in the Earth system."

As Common Dreams reported last week, global progress toward transitioning away from fossil fuels and expanding the use of renewable energy is surging worldwide – but the U.S. has been left out this year under President Donald Trump, with a major spending bill imposing new fees on solar and wind development and boosting drilling on public lands while the U.S. Department of Energy is investing \$625 million in coal.

The Global Tipping Points report was released four weeks before global leaders are set to meet in Belém, Brazil for the 30th Conference of the Parties to the United Nations Framework Convention on Climate Change (COP30), where policymakers will be asked to contribute to a Granary of Solutions: "a reservoir of concrete tools and initiatives - scalable, replicable, and aligned with the Paris Agreement - that connect ambition with implementation" in order to trigger "positive tipping points of transformation leveraging solutions that already exist."

"As we head into the COP30 climate negotiations it's vital that all parties grasp the gravity of the situation," Mike Barrett, chief scientific adviser at the World Wide Fund for Nature in the UK and a co-author of the report, told *Yale Environment* 360. "Countries must show the political bravery and leadership to work together and achieve them."

Source: https://www.common-

### IT IS FATAL TO ENTER ANY WAR WITHOUT THE WILL TO WIN IT.

GENERAL DOUGLAS MACARTHUR



## 'We Will Not Back Down,' Says Indivisible as Trump Aims FBI, IRS at Liberal Groups

The Trump administration is about to escalate its abuse of counterterrorism powers to target its political opponents, planning to go after ActBlue, Indivisible. Soros' foundations. and Jewish antiwar groups. Trump is doing this after several acts of political violence by his supporters, and with no actual evidence that any of these groups fund violence or terrorism, because they don't – they are just opposed to his political agenda. "Let's call this what it is: A

"Let's call this what it is: A baseless attempt to chill free speech and scare people away from exercising their constitutional right to protest an authoritarian regime."

By Jon Queally Common Dreams: October 10, 2025

The pro-democracy group Indivisible is among those speaking out against the Trump administra-

tion's reported targeting of progressive and liberal organizations with various government agencies, including the FBI and IRS, as part of what critics call an "authoritarian playbook" by President Donald Trump that seeks to criminalize dissent, chill free speech, and frame nonviolent protest and opposition as "domestic terrorism."

In-depth reporting by *Reuters* named Trump's far-right, xenophobic White House advisor Stephen Miller as "playing a central role" in the internal effort to wield the power of federal agencies at a variety of organizations that the administration claims – contrary to all available evidence – are funding or orchestrating violent protests and political attacks.

Granted anonymity to speak more freely about the internal mechanics of the operation, *Reuters'* reporting is based on discussions with "three White House officials, four Department of Homeland Security officials, and one Justice Department official to produce the first comprehensive account of how decisions are being made, forces deployed, and operations coordinated in the crackdown."

"Trump wants to scare people away from exercising their constitutional rights. We won't let him succeed. Don't let this smear distract you. The best response to attacks on our rights is to exercise our rights. That means showing up in huge numbers on October 18."

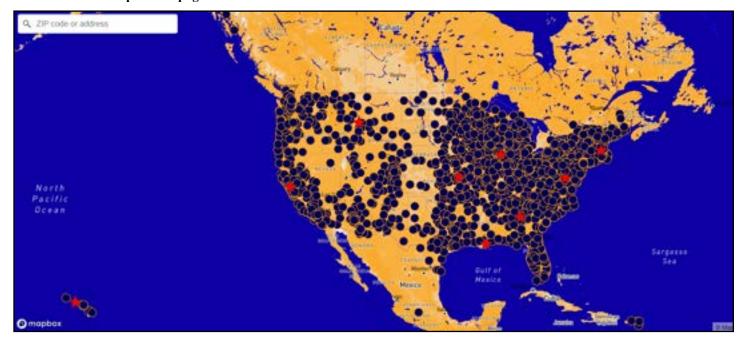
According to *Reuters*, "Miller is deeply involved in reviewing government agencies' investigations into the financial networks behind what the administration labels 'domestic terror networks,' which include nonprofits and even educational institutions, a White House official said."

In response to [a Reuter's request], the White House highlighted seven political protests in 2023 and 2025 that included acts of violence directed against law enforcement officials, and two incidents of vandalism at Tesla dealerships this year as well as half a dozen social media posts celebrating the damage.

It named nine liberal groups, donors, or fundraising organizations that it said helped finance or plan protests where the violent incidents occurred.

While the second White House official stressed that the organiza-

#### Continuation from previous page



tions were not necessarily potential targets, the material provides insight into the administration's thinking. The list includes Soros' Open Society Foundations; ActBlue, the funding arm of the Democratic Party; Indivisible, a grassroots coalition opposed to Trump policies; and the Coalition for Humane Immigrant Rights, a Los Angeles-based group.

"The goal is to destabilize Soros' network," a third White House official said.

In a statement, a spokesperson for Soros's network of charitable organizations rejected any claim by Trump or the White House officials that its operations have anything to do with violent conduct or promoting violence.

"Neither George Soros nor the Open Society Foundations fund protests, condone violence, or foment it in any way," the spokesperson said. "Claims to the contrary are false."

Other groups named by the White House officials were two Jewish-led advocacy groups, IfNot-Now and Jewish Voice for Peace, both of which have organized protests and nonviolent sit-ins to oppose the genocide in Gaza being carried out by the U.S.-backed

Israeli government.

Citing the *Reuters* reporting, Indivisible co-founder Ezra Levin said in a social media thread Thursday night that the fact a looming crackdown on groups opposed to Trump and his far-right agenda is coming less than two weeks "before the largest peaceful protest in modern American history is absolutely intentional."

On October 18, massive protests are planned nationwide as a follow-up to the "No Kings" day of action that took place in June, bringing an estimated one million people into the streets against the Republican Party's authoritarian lurch under Trump.

According to *Reuters*, "Miller is taking a 'hands-on' role in investigating the funding of nonprofits and educational institutions and is sharing recommendations from Attorney General Pam Bondi and Treasury Secretary Scott Bessent with Trump and other top advisers," as well as sharing information with the joint terrorism task force.

"We don't have all the details, but it appears Trump's regime is gearing up to smear us with ludicrous accusations that we're somehow tied to violence at protests – a claim that's as false as it is predictable," said Levin. "Let's call this what it is: A baseless attempt to chill free speech and scare people away from exercising their constitutional right to protest an authoritarian regime. We have been committed to nonviolence from the very beginning. It's a core principle, not just a talking point."

"We will not back down," Levin said in the post. "Trump and Miller can lie, smear, and threaten all they want. They will lose."

"By floating false allegations of violence," he concluded, "Trump wants to scare people away from exercising their constitutional rights. We won't let him succeed. Don't let this smear distract you. The best response to attacks on our rights is to exercise our rights. That means showing up in huge numbers on October 18."

Find a No Kings demonstration near you, register, watch an inspiring video, and get on the email list at nokings.org.

**Source:** https://www.commondreams.org/news/trump-targets-liberal-groups



This drawing is about demanding freedom of speech and freedom of the press. A tribute to the cartoonists of Charlie Hebdo in 2015. Drawing by Arifur Rahman.

### Trump Brags About Ending Everyone's Free Speech

By Robert McCoy [Emphasis added.] The New Republic: October 8, 2025

Submitted by Allen Hengst Washington, D.C.

"We took the freedom of speech away," President Donald Trump boasted in his opening remarks at his "antifa roundtable" Wednesday. The remark came as Trump touted an August 25 executive order seeking to crack down on the practice of flag burning, a form of protest that the Supreme Court has previously ruled is protected by the First Amendment. "We've made it a one-year penalty for inciting riots. We took the freedom of speech away, because that's been through the

courts," Trump said before making other **addled** statements about his unconstitutional stance on flag burning. It was a jarring admission – perhaps a Freudian slip – from a president who is, indeed, evidently intent on eliminating free speech.

Supreme Court precedent firmly establishes flag burning as a form of First Amendment-**protected** symbolic speech. And for what it's worth, Trump's executive order did not specify a one-year jail sentence. It did, however, direct the attorney general to prosecute flag burners under existing laws – this being a tacit acknowledgment that his desired ban would unambiguously run afoul of the First Amendment.

After claiming credit for rolling

back freedom of speech, the president went on to seemingly admit that he cannot completely ban flag burning but expressed his hope to clamp down on the practice which he says stirs up violence, as if by magic – nonetheless. "What has happened is, when they burn a flag, it agitates and irritates crowds - they've never seen anything like it – on both sides, and you end up in riots," he said. "So we're going on that basis. We're looking at it not from the freedom of speech, which I always felt strongly about, but never passed the courts."

**Source:** https://newrepublic.com/post/201514/trump-brags-taking-away-people-free-speech-rights



A Sunrise Movement banner hangs inside St. Stephen's Episcopal Church on June 27. It reads 'We Won't Let Our Futures Burn.' Photo: Kendall Warner, Politico

## Sunrise Movement Pivots to Fight Authoritarianism

By Matt Sledge [Excerpt, emphasis added.]

The Intercept: October 2, 2025

Submitted by Allen Hengst Washington, D.C.

The youth-led climate activist group Sunrise Movement is expanding its mission to battle "authoritarianism" as the Trump administration targets left-leaning organizations and puts one of the group's major funders in the crosshairs. "There is no serious way to think about stopping the climate crisis under a fascist government," Sunrise executive director Aru Shiney-Ajay told The Intercept. "The path to climate lies through getting rid of the authoritarian government we're in."

The move comes as President Donald Trump furiously dismantles the green energy initiatives that Sunrise fought to see enshrined in President Joe Biden's 2022 Inflation Recovery Act. In a striking success for the climate group, the law contained parts of Sunrise's top priority: the Green New Deal. The group, now eight years old, has decided that it cannot continue to fight climate change without fighting Trump, Shiney-Ajay told *The Intercept*.

Delegates from the nonprofit's more than 100 local hubs voted by a wide margin last month to approve its expanded mission, Sunrise announced Thursday. Sunrise is making the change public just

a week after Trump sent a chilling message to activists who oppose him: In a memo, he directed cabinet officials to investigate nonprofits and their funders for supposed links to **terrorism**.

While the Sunrise Movement has received no official word that it is under investigation, the group has ample reason to believe that it may be targeted. The Justice Department has directed local prosecutors to investigate billionaire financier George Soros's Open Society Foundations, which gave \$2 million to Sunrise between 2019 and 2013, according to a grant database. In doing so, the Justice Department cited the right-

#### Continuation from previous page

wing Capital Research Center, which recently published a report claiming that the Sunrise Movement supports "Antifa-associated anarchist terrorists." That report is fashioned as a road map for Trump officials as they follow through on the crackdown he promised after the September 10 assassination of Charlie Kirk. The day he released his domestic terror memorandum, Trump called Soros a "likely candidate" for prosecution.

The Open Society Foundations and the Sunrise Movement both say they reject violence. The Capital Research Center report focuses on Sunrise's support for a legal defense fund associated with Stop Cop City, a decentralized effort to halt the construction of an Atlanta police training facility inside a forest. The prosecution's case against dozens of Stop Cop City protesters collapsed last month when a judge dismissed most of the charges against them.

While she stands by her group's support of the bail fund, Shiney-Ajay said that it was limited in practice ... Standing up to elected officials is nothing new for members of the Sunrise Movement – but for years,

they focused more on **embarrass- ing** Democrats into action. The group, which restricts membership to people under the age of 35, became famous for acts of political theater such as storming former House Speaker Nancy Pelosi's office in 2018 to pressure her on climate change. An appearance from then Rep.-elect Alexandria Ocasio-Cortez helped catapult the New York Democrat to national prominence.

Sunrise's **decentralized** structure has sometimes led to fractures between national and local leaders, but it remained a force in progressive politics after Biden's election. The group's relationship with the White House alternated between productive and contentious before its members soured on him over **Israel's war** on Gaza. It was the first major environmental group to call on Biden to quit last year's election.

Sunrise's latest pivot, which 74 percent of delegates approved in a September 5 vote, is a work in progress. The group has already organized a walkout of Washington, D.C., university students in response to Trump's military crackdown. New projects could include responses from local chapters to

deployments of the National Guard or Immigrations & Customs Enforcement agents, municipal campaigns to support mayors standing up to Trump, and pushback against university administrators rolling over for the White House, Shiney-Ajay said. At the national level, the organization hopes to furnish antiauthoritarianism training to tens of thousands of people.

While one long-standing critique of Sunrise is that it has been distracted by "diffuse non-climate causes of the activist left," in the words of a 2021 Politico article, Shiney-Ajay said she isn't worried about mission creep. "We are pretty clear that we are doing this so that we can get on track to win federal climate legislation. That has always been the mission of Sunrise," she said. "The reason I joined Sunrise in the first place is because it felt like Sunrise was one of the very few organizations that was honest about the conditions of the world and had a plan to meet the conditions of this world."

**Source:** https://theintercept. com/2025/10/02/sunrise-movement-climate-change-trump-protest/

There is a time to act, and a time to wait, to listen, to observe. Then understanding and clarity can grow. From understanding, action arises that is purposeful, firm, and powerful.

~ Charles Eisenstein ~

# Echoes of the Past: Study Shows Forest Loss Fueled "Great Dying" Mass Extinction

Tropical forest around the Capim River (Rio Capim). Brazil. This Copernicus Sentinel-2 image features forests around the Capim River in Brazil. Thanks to their ability to absorb and store carbon dioxide from the atmosphere, forests have long been recognized as a key tool in the fight against climate change. New research, however, based on data from ESA's SMOS satellite mission has found that. vounger surprisingly. trees are champions at carbon capture. Gains in carbon-rich biomass come largely from boreal and temperate forests, with tropical for-



ests adding only small increases in carbon – the result of deforestation and agricultural disturbances. Surprisingly, the research found that young and middle-aged forests – comprising trees between 50 to 140 years of age – played a dominant role absorbing atmospheric carbon and accumulating biomass. Forests aged 140 years and above were approximately carbon neutral, which is the opposite of vegetation model predictions. Credit: commons.wikimedia.org: European Space Agency

By Doyle Rice, excerpt USA Today via Asbury Park Press July 20, 2025

Submitted by Joan Norris Daurio New Jersey, USA

It happened before and could happen again. That's the message in a new study about the catastrophic collapse of Earth's tropical forests due to natural volcanic causes 252 million years ago. The collapse of tropical forests was the primary cause of the prolonged

global warming that followed, according to a new study published on July 2 in the British journal *Nature Communications*.

This coincided with a mass extinction, likely the worst in Earth's history. "There is a warning here about the importance of Earth's present-day tropical forests," study co-author and University of Leeds professor Benjamin Mills said in a statement. "If rapid warming causes them to collapse in a similar manner, then we should not expect our climate to cool to

preindustrial levels, even if we stop emitting CO2. Indeed, warming could continue to accelerate in this case even if we reach zero human emissions. We will have fundamentally changed the carbon cycle in a way that can take geological timescales to recover, which has happened in Earth's past."

**Source:** https://www. usatoday.com/story/news/ weather/2025/07/04/forest-lossfueled-great-dying-mass-extinction-study-says/84446862007/



Diamondback terrapins are a keystone species in salt marshes & mangroves, helping maintain the health of those ecosystems. Photo: G.L. Heinrich/CBD

# Georgia Petition: Protect Diamondback Terrapins from Drowning in Crab Traps

By Tara Zuardo [Emphasis added.] Center for Biological Diversity September 30, 2025

Submitted by Allen Hengst Washington, D.C.

ATLANTA, Georgia (USA) – Conservation groups today filed a petition asking the Georgia Department of Natural Resources to adopt regulations that would protect diamondback terrapins from **drowning** in blue crab pots.

Such traps kill tens of thousands of these imperiled turtles a year across the country, but adding a little device to the pots can curb the problem ...

Diamondback terrapins, found along the Atlantic and Gulf coasts from Massachusetts to Texas, are the only turtles in the world who live **exclusively** in coastal estuaries. These estuaries are also home to blue crabs, which are trapped in crab pots. Crab pots trap and drown imperiled diamondback terrapins, who have suffered popula-

tion declines of **75%** across most of their range in the past 50 years.

Today's petition was filed by the Center for Biological Diversity, One Hundred Miles, Skidaway Audubon, Altamaha Riverkeeper, and Coastal Plan Conservation Group and urges the state to require bycatch reduction devices on all blue crab pots in **near-shore** waters where terrapins are frequently found. When installed on crab pot entrance funnels, these small and inexpensive devices prevent most terrapins from enter-

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ing the pot, while having little to no effect on crab haul.

Experts agree that blue crab pots pose the greatest threat to diamondback terrapins, with 60,000 to 80,000 killed in active and abandoned crab traps each year along America's coasts. Baited blue crab pots are known to **trap** and drown terrapins, while fleets of traps are capable of steadily killing turtles until a population cannot sustain itself. Abandoned or lost traps – called ghost pots – can capture terrapins by the dozen.

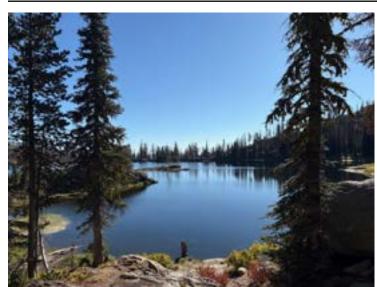
Traditional funnel-style crab pots are banned in Massachusetts, Rhode Island, and Connecticut because of the danger they pose to terrapin turtles and other marine life. New York and New Jersey **require** bycatch reduction devices on recreational and commercial pots, while Delaware, Florida, and Maryland require the devices on recreational pots.

Under state law, the agency must respond to the petition within 30 days. In September 2024, the Center for Biological Diversity and 20 partner organizations petitioned NOAA (National Oceanic and Atmospheric Administration) Fisheries to protect diamondback terrapins as endangered under the **Endangered Species Act**.

Diamondback terrapins are known for their stunning diamond-

patterned shells and speckled skin. Spending most of their lives in nearshore habitat, they live in coastal marshes, tidal creeks, mangroves, and other estuarine habitats. The turtles primarily feed on snails, clams, mussels, and small crabs. Terrapins are potentially a **keystone** species in salt marshes and mangroves, helping to maintain the health of those ecosystems.

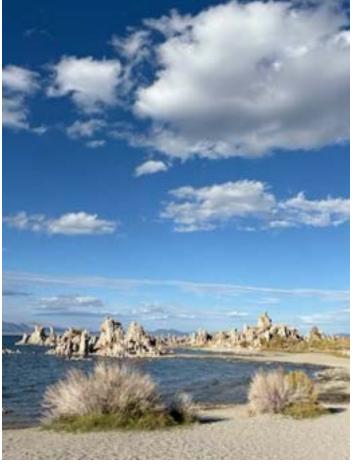
**Source:** https://biologicaldiversity.org/w/news/press-releases/georgia-petition-seeks-to-protect-diamondback-terra-pins-from-drowning-in-crab-traps-2025-09-30/



## **EXPLORING NATURE, TAKING PICTURES!**

Submitted by Nicole L., Idaho USA

(above) Blue Lake is in Idaho, a high mountain lake. Photos: Susannah L., California. (right) Mono Lake is a saline soda lake in Mono County, California, near the Nevada border, formed at least 760,000 years ago as a terminal lake in an endorheic basin. The lack of an outlet causes high levels of salts to accumulate in the lake, which make its water alkaline. The desert lake has an unusually productive ecosystem based on brine shrimp, which thrive in its wa-



ters and provides critical habitat for two million annual migratory birds that feed on the shrimp and alkali flies (Ephydra hians). Historically, the native Kutzadika'a people ate the alkali flies' pupae, which live in the shallow waters around the edge of the lake. When the city of Los Angeles diverted water from the freshwater streams flowing into the lake, it lowered the lake level, which imperiled the migratory birds. The Mono Lake Committee formed in response and won a legal battle that forced Los Angeles to partially replenish the lake level. https://en.wikipedia.org/wiki/Mono\_Lake. Lake Mono https://commons.wikimedia.org/w/index.php?curid=149488145.

# OUR FRIENDS IN ACTION Boots on the Ground in Refugee Camp, Kenya



By Feruzi Juma Kikuni Refugee Alliance for Development and Innovation (RADI), Kenya

#### WORLD MAZINGIRA DAY October 10, 2025

Hello, this is Feruzi. And these are the daily activities we are doing at our RADI Center. We celebrated World Environmental day to combat climate change. We need Action justice.

Today, at the RADI center, in partnership with DCA, we joined together to celebrate World Environment day by providing necessary tools and training to community members and refugees with skills for how to regenerate the environment. It's not only about

planting trees, vegetables, growing mushrooms, insects, and cleaning, but protecting our nature, diversity, and Earth's ecosystems. Their partnership promotes sustainable agriculture, permaculture, and food security, aiming to provide inclusive environmental training in schools, churches, mosques, and workplaces while creating cleaner, greener, and safer spaces for all to live peacefully.

#InternationalMazingiraDay #unesco #UNHCR #FAO #WFP #MastercardFoundation #Equity-Bank #WorldBank #radi4deeply #RADI #DCAandRADI #Partnership #Permaculture #Agriculture #kitchengarden #theUNRefugeeAgency #educationforall #reframenetwork #REFRAME #CO- HERE #GIZ #DunishChurchAid #DCA #DRS #CampManager #kenyaGovgovernment #refugeeCamp #UNHCRKenya #NRC #PWJ #JRS #DONBOSCO #iNGOs #KKRIN #RLOs #CBOs #SIR #RAI #EducationSavesLives #SustainabilityEducation #KalobeyeiSettlement

https://www.facebook.com/share/p/17Zdw7fB11/

Please kindly join us and share to your networks.

Thank you for watching us. Best regards,

Feruzi Juma Kikuni, Founder and Executive member at Refugee Alliance for Development and Innovation

https://www.facebook.com/share/r/1BHWGQUAsg/

## OUR FRIENDS IN ACTION





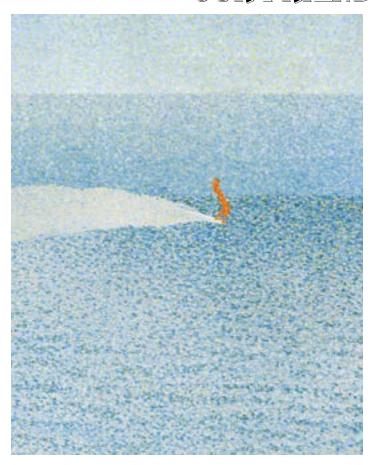
### OUR FRIENDS IN ACTION





Kakuma Refugee Camp is located in northwestern Turkana County, Kenya. It was established in 1992 to host unaccompanied minors who had fled the war in Sudan and from camps in Ethiopia. The camp is situated in the second poorest region in Kenya and as a result of this poverty, there are ongoing tensions between the refugees and the local community that has occasionally resulted in violence. As of December 2020, the site hosts around 200,000 people, mostly refugees from the civil war in South Sudan. Many people in Kakuma are long-term refugees, living in hopelessness and desperation. The situation is particularly bad for young people. (https://en.wikipedia.org/wiki/Kakuma\_Refugee Camp) "We are honored that Feruzi is part of our Global Family doing this amazing work," says Iona.

#### **OUR FRIENDS IN ACTION**





left) In Tijn's original email, this photo is animated and fast-wiggly so one can readily imagine the careful balancing act of actually surfing that wave. Photo: Soul arch by Mendezart. (right) Soul surfing by Mendezart.

#### Soul Surfing: A Zen Practice Poem – Surfing as Meditation

Welcome to The Mycelium, a newsletter weaving together a network of regenerative projects, practices, and paradigms.

By Tijn Tjoelker, Norway October 3, 2025

This summer I fell in love with surfing. For the first time, I was not fighting the ocean – I was surrendering to our oneness.

In Plum Village I learned about gathas – practice poems that help us slow down and deeply reconnect with reality.

Before going into the sea, this gatha came to me, as a beautiful gift from Mother Ocean.

#### **Soul Surfing**

With my feet in your sand
And in your water
I bow to you
Dear ocean.
With the coming together
Of my hands
I synchronise body and mind
To become one with you.
You have travelled infinite jour

neys
Journeys beyond my imagination.
Once you were a mountain
Now you are the sand beneath

Now you are the sand beneath my feet

Once you were a glacier Now you are the waves crashing on my head.

## Once I was human Now I am you.

When I dive
I dive within myself.
When I drown
I drown in myself.
When I surf
I'm surfing Self.
On this beautiful day
We are in sync.
I feel at ease.
I feel fresh.
I feel free.
Together we are flowing
And even when I leave
Your beautiful body
You'll travel with me.

## Present Moment, Wonderful Moment

Gathas can help us turn ordinary daily activities such as washing the dishes, driving the car, or standing in line, into deep opportunities to return to a natural state of mindfulness and happiness.

"The mind can go in a thousand directions.

but on this beautiful path, I walk in peace.

With each step, a gentle wind blows.

With each step, a flower blooms."

-Walking Meditation gatha by
 Thich Nhat Hanh in *Present Mo-*

ment, Wonderful Moment.

Written in Maceda, Portugal. Thank you dear Hajar Tazi (Remembering the Future) for inviting me and helping me fall in love with surfing.

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Author reading Present Moment Wonderful Moment in Plum Village.





Author standing on the farm of Gabriel Komba which is located in Namatuhi village in Songea District Council. Photo: UPAWA

#### Ubuntu Movement in Tanzania

By Sengo Kesheni, CEO and Founder UPAWA, Tanzania

Let me tell you in detail about LET'S RISE UP TOGETH-ER. In the recent years there has been an over increase on unemployment in many countries due to the increase of graduates which is not relevant to the increase of the jobs available. The problem has traumatized youths and some of them fall into drug addicts to ease the problem, something which is very wrong. After realizing this pandemic, Ubuntu felt into the shoes of youths who are the primary victims and devised a project that will use zero cost while enabling them have access to economic potentials that will create jobs in an informal sector.

Ubuntu Pan-Africanism and Welfare for Africans (UPAWA) collected youths in different villages of Songea rural district, imparted knowledge on permaculture and domestication of animals which needs zero costs; the fruits are now so compelling. Youths have dived into farming deeply. We started this in July this year and now we are making follow up of what we have imparted.

The spirit of Ubuntu is now a live thing among the youths who are unemployed and the people with special needs or people with special ability (I don't like to call them people with disability). We have changed the lives of 356 youths since July 2025 through agriculture and domestication of animals – chickens, goats, ducks. Based on the availability of funding we aim to reach 2,500 youths by December 2026. At the moment it is only internal funding that supported the initiative we hope to reach more potential beneficiaries in the future.

Contact Sengo at keshenisengo@yahoo.com. https://www.givengain.com/cc/borehole-drilli/

To be continued next time.



Derrick Jensen Part 2

When I was a baby activist, in my 20s and 30s, I noticed a disjuncture between private and public discourse. In private, the activists I knew said they were hanging on by their fingernails, doing whatever they could to protect this or that piece of ground, this or that species, until civilization collapsed, when wild nature would at least have a chance of recovering. But they said that only in private. In public they said, "Oh, we just want to stop this one particular timber sale, stop this one particular destructive activity." For fear of losing credibility, they couldn't say in public that civilization itself functionally destroys landbases: that's what it does.

This makes our discourse dysfunctional, dishonest, crazymaking, and ineffective. When people ask, for example, "How can we save the salmon?" What they're really asking is, "How can we save salmon without stopping industrial logging, stopping industrial fishing, removing dams, stopping the murder of the oceans, and stopping global warming?" The answer is, you can't.

We could do this exercise for species after species.

Or let's talk about global warming. What do all of the so-called solutions to global warming have in common? They all take industrial civilization as a given, and the natural world as having to conform to civilization. According to

#### Continuation from previous page

these so-called solutions, this way of life cannot be questioned, and its demands – for growth, for raw materials, for energy, for space – are not negotiable. Nature must always be the one to compromise. Civilization is the independent variable, and nature is the dependent variable. They are solving for the wrong variable.

That is literally insane, in terms of being out of touch with physical reality. Wild nature – physical reality – must *always* be the independent variable, and any economic system must be the dependent variable, because without a planet, you don't have any economic/social system whatsoever.

#

Why is this important? Well, the whole world is at stake. And as a dear friend who is both a doctor and an environmentalist always says, "Correct diagnosis is the first step toward proper treatment."

#

If I'm going to talk about civilization, I should probably define it.
Civilization is not the same as culture. All humans – and undoubtedly a lot of nonhumans – have culture.
Culture includes our language, stories, ways of knowing, ways of

relating, and so on. Civilizations are a specific subset of cultures characterized by the rise of cities. This is defensible both historically – as "the rise of civilization" is measured by the rise of the first city-states – and linguistically, as the word civilization comes from the root *civitatis*, meaning state or city.

That's fine, Derrick, but what's a city? A city I've defined as a group of people living more or less permanently in one place in densities high enough to require the routine importation of food and other necessities of life.

Two things happen as soon as you require the routine importation of necessities. First, your way of life can never be sustainable. Requiring the importation of a certain resource means you've denuded the landscape of that particular resource. I know we've been taught that evolution is based on survival of the fittest, which has so often been interpreted for us as survival of the most exploitative, the one who takes the most. But what I know is that those species who've survived in the long run have survived in the long run, and you don't survive in the long run by hyper-exploiting your surroundings. You don't survive in the long run by harming your habitat. You survive in the long run by improving your habitat. The important thing is the survival of the fit between you and your habitat. The important question: do you make your habitat better by your life and your death?

How do you think the world got to be so wild and fecund and full of life in the first place? By individuals and communities making their habitat more and more healthy, by their lives and their deaths. Salmon improve the health of the forest by their lives and their deaths. Beavers improve the health of forests and streams by their lives and deaths. Prairie dogs and buffalo improve the health of prairies by their lives and deaths. Why is that so easy to see among nonhumans, but when it comes to humans, we fail to see the necessity of making landbases healthier by our lives and deaths, by our very existence?

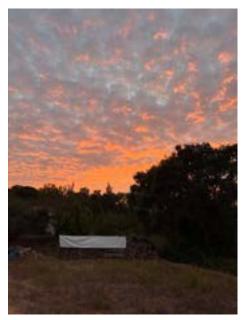
But that's how life works. And if you're importing resources, your way of life can never be sustainable, because you're taking more from the landbase than you're returning. You're harming the land.

To be continued next time.

But here one has first to be sure that one posseses the necessary ability for this sort of business and, above all, that this business is of the utmost importance.

~ Leo Tolstoy, Anna Karenina ~

# ARCHANS IN ACTION Creating Next Culture



Endings, Part 1. Portugal, September 2025. Photos by Hannah Hirsh

By Hannah Hirsh, New York, USA

## Endings, Part 1. Portugal September 2025

Dear Edgeworker,

Most of us did not learn to consciously grieve – to accept Death, endings, and loss.

Growing up, I was overwhelmed by what I saw happening around me: homeless people freezing on the streets of New York City, parents yelling at their children, deer struck by cars on the edge of the road.

At a certain point, I simply stopped allowing myself to feel. The depth of Sadness, Anger, and Fear I felt was profound, and I had not learned how to feel consciously.

Instead, my feelings were diverted to unconscious (survival) strategies, like mixing Sadness and Fear to create Despair, or creating Low Drama by making the situation "wrong."

I did not want to be in Despair,



Endings, Part 2. Berlin September 2025.

so I numbed myself until I stopped feeling the pain of what is actually happening on this planet.

#### Endings, Part 2. Berlin September 2025

Recently – in the past few years – I learned that there is a way to feel my Sadness without making something wrong or being a victim. For example, I can feel my Sadness and express it consciously when I say, "I feel sad summer is ending because I miss how green everything was."

The victimhood comes in when I put a layer of wrongness on top of the Sadness – for example, by saying that it *shouldn't* be ending, or that it's *wrong* that it's ending.

Anytime I say that something should not be happening, I am subtly sliding into victimhood.

What if nothing is *wrong*, what if nothing *should* be different, and I can simply be in the heartbreak of how things are?



Beginnings, Part 1. Portugal, September 2025.

## Beginnings, Part 1. Portugal September 2025

When I was first learning to consciously feel, I found that without the wrong-making, I could not access my Sadness, because my sadness was tied to my victimhood.

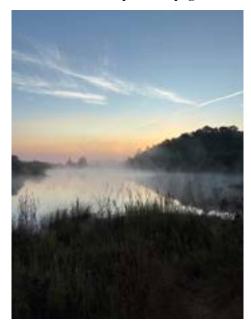
With time and practice, I began to be able to feel my Sadness consciously, without any victimhood attached.

When I am in victim Sadness, I feed my Gremlin by creating Low Drama, asking "Why?" and wallowing in self-pity. When I feel and express my Sadness consciously, it allows me to be with What Is – to accept reality, so that from there I can choose to create something different.

## Beginnings, Part 1. Portugal September 2025

A month ago, activists John Quigley and Jessica Klampe visited Tamera. They shared about an Continued on next page

#### Continuation from previous page



Beginnings, Part 1. Portugal, September 2025.

action they led with school children on either side of the U.S.-Mexico border. Afterwards, the children ran up to the wall, through the enforcement zone on the U.S. side, and began waving to one another.



Beginnings, Part 3. Berlin, September 2025.

I felt Sadness come up inside me, and in that moment, I became aware that my usual pattern would be to suppress the feeling.

This numbing mechanism had become so automatic that I almost

didn't notice it anymore.

## Beginnings, Part 3. Berlin September 2025.

What if all of us learned to consciously grieve? To feel our pain – our Sadness, Anger, and Fear – about children separated by borders, about the genocide in Gaza, about the corruption of our political systems, without going into victimhood or helplessness?

What if we held space for each other to feel all of it?

Maybe then we could start to come to terms with What Is – to grieve consciously, through Fear (Denial), Anger, Sadness (Depression), and Joy (Acceptance) – so we can start to build a different world.

Love, Hannah Hirsh, New York USA https://www.hannahhirsh.com/

The call to slow down works to bring us face to face with the invisible, the hidden, the unremarked, the yet-to-be-resolved. Sometimes, what is the appropriate thing to do is not the effective thing to do.

~ Bayo Akomolafe ~



## Safety in a Relationship, an Illusion?

What safety in a relationship really means – and how to cultivate it every day.

By Alice Belz, Mallorca, Spain September 14, 2025

Some say safety in love is an illusion. Others speak about it like a bank account – you can make deposits, or you can make withdrawals.

The truth? Security isn't guaranteed. Life will surprise us. Careers shift overnight, plans unravel, people change their minds, illness arrives, heartbreak happens.

And yet, safety can be cultivated. Not the spiritual-bypassing kind, where nothing bad ever happens or where I try to endure people walking all over me and I "just accept it," but the kind that lives in your nervous system.

For me, safety isn't about erasing fear. I actually use my fear. It's like a weather report: it informs me about risks or challenges, and I don't allow it to control me. I can be alert and deeply relaxed at the same time.

I rely fully on my intuition, which whispers: "Is this the moment to let go? To soften? To surrender? To give myself to him – fully, passionately?"

And sometimes the answer is yes. Because when he holds me in his strong arms, I feel safe. When

he reaches for my hand on a hike to steady me. When he lets me walk on the inside of the sidewalk. When he shows up with honesty, even the uncomfortable kind.

These, to me, are deposits into the bank of relationship security.

## What Safety Really Means in a Relationship

Illness, loss, heartbreaks, disagreements – none of this feels "safe."

Safety in relationship isn't about building a fortress with thick walls against life or retreating and trying not to feel. It's about creating little islands of rest.

Places where we can put down the armor. Where we can ask for help without shame. Where our bodies finally exhale, and the nervous system says: yes, you can breathe deeply here.

For me, safety also means **consistency**. The daily gestures that show me we're on the same page – where he doesn't leave me questioning or waiting. When we share a rhythm, my nervous system can rest.

#### A Bank Account of Security

Think of safety like a joint account you and your partner share. Every action is either a deposit or a withdrawal.

#### Deposits might look like:

- A good-morning text.
- Following through on promises,

especially the small ones.

- Having my back, even (especially!) when I'm not around.
- When he creates a story about me, checking in to see if it's accurate.
- Turning his phone ringer on when I'll be walking home alone after dark.
- The willingness to repair after conflict or tension.
- Showing up with consistency, not just intensity.

#### Withdrawals might look like:

- · Ignoring messages for days.
- Dismissing what makes me feel safe.
  - Withholding honesty.
- Flirting in ways we both know cross a line.

Like any account, it's wise to check the balance: When was the last time we deposited? What's been draining it?

#### The Paradox of Safety

- On one hand, safety is an illusion. Everything in life changes.
- On the other hand, safety is real, because we create it in daily moments of presence, care, and alignment.

And here's the tricky part: safety doesn't look the same for everyone.

For "Lisa," safety might mean a daily check-in text. For "Tom," it might mean the freedom to have plenty of space. For her, separate vacations might feel threatening;

#### Continuation from previous page

for him, they might be essential to stay connected to himself. Neither is wrong, but are they compatible?

That's where the real work lies: finding the overlap and honoring the differences. If you force yourself to be okay with something you're not, you're not actually meeting your partner's need for safety – you're betraying your own. When you constantly bend yourself backwards, it's worth asking: *Are our value systems truly aligned*?

Because when they are, acting in your partner's best interest comes naturally.

It's less about having the same opinions, and more about sharing values. Respect. Honesty. Care. Deep listening. Time. People who don't share those? They drift away naturally. Those who do? They come closer.

## Practical Ways to Cultivate Safety

- 1. Use your intuition as information. Fully lean into your gut feeling, no matter what philosophies, contexts, or societal standards say. If it doesn't feel right for you, that's your signpost. The practice here is distinguishing between conscious fear and random impulses that may come from your shadow world.
  - 2. Name what makes you feel



**safe**. Is it consistency? Physical touch? Shared routines? Some distance? Get clear and express it.

- **3.** Ask your partner regularly. "What makes you feel safe?" Let this be an ongoing practice, because needs shift what worked two years (or two days) ago might not work now.
- **4. Watch the red flag.** If you express a need for safety and hear, "There's no ultimate security anyway," that's not wisdom, that's dismissal.
- **5. Tend daily.** Love is less about grand gestures, and more about those small, steady deposits.

#### **Final Reflection**

So, does safety in relationship exist?

Illusion and reality dance here. We can't control love, but we can tend to it.

The safest love is not a promise. It is a practice.

You can follow me on Instagram and Facebook here:

https://www.instagram.com/alicebelz coaching/

https://www.facebook.com/ Ready for more clarity? Book a complimentary mini-session with me here: https://bit.ly/realtalkAlice

Food for the body is not enough. There must be food for the soul.

~ Dorothy Day ~

## A Week Of Experiments: Bahr's Adventure in Aridani

By Bahr Gottesfeld, Israel September 9, 2025

It's a week of experiments: A big part of what we do here is experimenting with life. One can argue that this whole project is one big experiment. It's a notion that everything in life is unknown, unpredictable, and up for change. To summarize: It's an idea that life is a game, with an endless amount of possibilities and options. And if life is a game, why wouldn't we try to make up the rules?

This week started with a full day of land work. It means that finally, we spend our time taking care of this beautiful land. It means that today is our day to create, it's our day to make our visions come to life. It means sweat, dust, aching muscles. It means teamwork!

This tribe is a collection of 20 individual beings. Each brings their values, abilities, passions, and dreams to create together something big. On a day like this, I see the practical influence we have on the land. I see the gardens flourish, the mud cabin being planned and started, I see a pond being dug, and the dry-river crossing on our way home becoming a beautiful staircase built as part of the wood, dust, and stone all around. There is such a different approach here in comparison to every other place I had the chance to work for. I've been carrying this belief for years, that in order to live, I have to work hard. That the only value I bring is my ability and motivation to work harder and longer than what my body signals I can do. For years, and still today, I have a tiny little voice in me that tells me again and again: Go on, you can do more!



Beth with branch, conscious theater on a structure-less day. Photos: Bahr

Here, I'm learning that there is no reason for me to prove anything anymore. Here, it's the first time I let my body determine the pace, the weights I carry, the amount of time I work. To truly listen to my body is a practice I'm only now really trying to learn. The day starts with a check-in: How does everybody feel? And this is how it continues throughout the day. The attention and time spent on the feelings one person experiences is infinite.

Tuesday is a completely different day. It's a day of initiations. An initiation here is a transformational space, set and guided by one of us - this time it's Beth - for the intention of digging deep enough in order to find something new in our soul, for the intention of going through something that transforms the thoughtware and the rigid perspective of oneself. It was a very hard day. Fascinating and liquifying. After those kinds of initiations, everything in and about life is up for examination. Everything is unknown, unclear, and unstable.

The strongest beliefs and stories I have about life are shaking with doubt. It's terrifying. And at the same time, I'm hooked. I want to discover more, and more, and if possible, more. I want to examine my being inside out, to learn about my unconscious, my deepest colors that create the filter that I see the world through. This day ends with a bright principles exploration. Our bright principles are what we bring, when we enter a room without even trying. It's the things our being holds and creates - just because. The great beauty is that every single person on this planet has a set of bright principles. Every single human brings their own way to bring light and brightness to the room.

After a shared exploration and examination with the village, I found some of my own: Courage, Commitment, Harmony, Love, Discernment. And now I'm walking around with the question: How does the space around me change once I enter with my set of bright

#### Continuation from previous page

principles?

Wednesday is the third and final day of the "different schedule" experiment. Today is a day with no time, no rigidity, no stress, no "later" and "after." It's a day where only the very small now exist.

"WHAT DO YOU WANT TO CREATE RIGHT NOW?" was hung in the kitchen. Today is a day of creation. Imagine you were given a huge playground with everything you need in order to create your dream day. What would it look like?

The spaciousness is very scary for a moment. We're not taught to do whatever we want whenever we want it. It's easy to get lost, and dissolve into an automatic way of being. But if you succeed to get out of the swamp and connect to the very strong side of you that keeps asking from you: **Let me create!** You get the most beautiful day you can imagine.

People woke up and started to work on their projects. There is a magical creation energy in the air. Everyone supporting everyone. We are living in the right here, right now. Everything else that is not part of this moment is not welcomed here. We are sitting next to the kitchen, some fantasies and dreams are brought up. The dream is starting to get woven. My heart is threatening to explode. I didn't know I'm allowed to dream so big. I didn't know life can be such a crazy ride. Spontaneously, out of this very moment, a continuous theater is sprung. In the next 40 minutes - or maybe 2 hours, who knows - we're playing and laughing and rolling on the dirt. It was heart-expanding.

The day ended with me, Beth, and Jennifer going to get clear mountain water from the close



Bahr's teammate Jennifer on way home from water-gathering expedition.

fountain. We are women of earth, going to get water for the village from the well. It's beautiful. We are beautiful. On our way down, we're stopping in the middle of the road to harvest some plants from the side of the road. This is what happens when you have all the freedom and all the resources to just create exactly what you want.

So many times in a day I mumble to myself: **What is happening?** 

Life is extraordinary, confusing, absolutely incredible and miserable at times. I can't really fathom how much of a roller coaster it's been just waking up at this point in the world. I found my very own being is pushing through boundaries every single day here. Facing ideas, structures, and an overwhelming amount of feelings and emotions. At times, all I want is to run away from this very odd place. At times, I'm terrified for this experience to end. I swallowed the red pill; there is no way back from here.

I started a project, together with Lisa-Maria, it's a platform called PAY IT FORWORLD. It's a project that was founded with the intention of changing the

value of money and the way we use it in the world. Currently I'm raising support for what I do here in Aridani. You can go to the link below to learn more.

If you want to support me and my journey please visit my pay it forworld page at https://opencollective.com/payitforworld/projects/ bahr-in-aridani.

This is my last gem:

We had a special dinner. We came dressed up, in our new characters – we created them the night before. Our training room had transformed into a beautiful dining room. There is so much love in there. There is a bubble of something unique – I'm not even sure what it is.

Jacqueline had asked me to take her sword (a piece of cane) and "raise the bar."

The cane is rising, I am rising, the whole table is looking at me, cheering me to not stop there.

I'm climbing the chair.

With both of my hands, I raise the bar all the way to the ceiling.

I am high on life. I can't stop laughing.

#### Continuation from previous page

Everyone here created this special moment.

I am looking at everyone and declaring:

"This is the new bar."

Back down on the chair, GiGi is waiting for me.

I can't stop smiling.

I am part of the Aridani project, a project sets in Tenerife island, that connects people from all over the world for the intention of personal emotional healing, learning skills and abilities that will improve our understanding of the resources we have and the way we can use them without harming our environment, and deepening our relationship with the Earth, living, sleeping, creating a day-to-day life in and with the nature around us. This project is an experiment. We are 20 people that came together with the intention to create a new and improved reality. Reality that is based on feeling, connection, exploration, and love. It's a trial and error. We are starting something new; it's exiting and scary and not at all perfect, but we are all here together to try. We are all here



Bahr, Beth, and Jennifer fetch water from the spring.

together to discover what is the reality that each of us really wants to live in?

I have a dream of kindnes, I know how kindhearted people can be; in the most horrific situations, the human kindness was tested, and more than once I was really saved by someone's ability to give. I think we can all give so much, that we all have the power to create good.

We can do good for each other

and we can do good for our planet.

Thanks for reading! Subscribe for free to receive new posts and support my work at https://substack.com/inbox/post/172967066

Subscribe at https://substack.com/inbox/post/172967066

Watch a 43-second video, Bahr's Passionate Speech About Life in Aridani at: https://youtu.be/S7uF-q1DliUk

The moment we choose to love we begin to move against domination, against oppression. The moment we choose to love we begin to move towards freedom, to act in ways that liberate ourselves and others.

~ bell hooks ~



Dreams come true! Danielle has been trying to do this for a long time; and she did it! (left to right) Ana Maria, Daneille, Bárabara. It's hard to tell whose smile is bigger but it's probably Danielle's, who also just got divorced.

## Brazilian Woman Gains Liberty, Starts Bridge House

By Danielle Barros, October 3, 2025

Dear Women,

Yesterday, Casa Ponte Florescer (Blooming Bridge House) officially began. For now, we are four women living together, and in the coming weeks more women will arrive!

So much has already happened for me on this very first day here. I traveled by bus with Ana Maria to reach the House, and on the almost five-hour journey we talked

about our teams, what each of us wants, we negotiated intimacy, there was laughter, tears. At one point during the trip, I was reading a book; Ana Maria was looking at the trees until she nearly fell asleep, and in that moment there was such intimacy between the two of us.

In the next day, I went for a walk in the forest, the path that leads to the training center that Camile is finishing building in Brazil.

I was surprised by a "wall" of Ar-

aucaria trees. My nervous system relaxed just by looking at them, my eyes filled with tears, my muscles softened, I took a deep breath and I received by the generous love of those trees. Being in the forest feels like coming home to me.

I asked what I could do for them, and I heard from a great Araucaria that she would like to be appreciated. When I looked at her again, I could see a queen in that tree, and I told her what I saw. Immediately,



Four women participate in Danielle's Bridge House. "Bridgehouse" is an Archiarchy life-skills training gameworld. It is Possibilitators living together in synergetic education and temporary community for the purpose of empowering each other as Spaceholders who make more Bridgehouses. The book Rancho Campo: the first bridgehouse by Clinton Callahan is published by Thoughware Press, https://www.thoughtwarepress.org. The definition of Bridgehouse is from https://distinctionary.mystrikingly.com.

a whisper came to my ear: do the 'Vision Quest' initiation.

Later I returned home, and while I was working, I received a call from the judge overseeing my divorce case. He asked me if I was ready to have the online hearing with him. I said, "Yes" and finally I ended my divorce.

When the hearing ended, my body was shaking, I couldn't stop laughing and crying at the same time. Ana Maria and Bárabara were right in front of me listening, and I said: I did it! I did it! I ended this contract with the patriarchy, and I had the sensation of being washed by a waterfall of energy – my energy was returning to me.

In that moment, all I wanted was to shout with all women: it's possible! It's possible to take your life back! I felt so much energy circulating through my body.

I called some women just to say: I did it!

I wished I could be with all the Women of the Earth at that moment to celebrate. My body kept trembling for almost three hours.

I had decided to separate after a Lab I attended in Poland, and Ana Maria was with me at that Lab. She told me she remembered the conversation I had with her that year. I told her, "Ana Maria, I'm afraid of going back home and not separating, and then, five years from now, meeting you again and still complaining about my marriage."

By the coincidences of life, she was standing right in front of me as I laughed and cried and said: I did it! I have my life back!

This was my first day at Casa Ponte Florescer.

We created a group to share our legends, liquid states, discoveries, as together we blossom in the Casa Ponte. If you'd like to follow along, here's the link:

https://t.me/+qiPCkEJ\_ZfdmZ-Dgx

Love.

Danielle Barros, Brazil

#### IONA IN ACTION

[Note from Iona: In Archiarchy, I am learning to pay attention to what my body is telling me so I've been doing a lot of feelings/emotions work. My entry into the new culture of Archiarchy was accomplished by reading Her Conscious Anger: Workbook for Women by Archans Julia Neumann and Alice Belz (see pages 21-22) when I was going through my divorce.]

I sent the message below to Allen Hengst, who has worked with me over the years. He creates great news-summary emails for climate and against trump [sic] and I had just read his latest anti-trump articles.

"Oh man, Allen, the angrier I get, the more of 'your' stories I want to publish." I trusted him enough to share this very personal account.

I just watched "A Civil Action" (about childhood cancer from water contamination) for the 3rd and last time that my Vudu rental

at \$3.99 allows and I had to go get cigarettes. There was zero resistance in me.

As I drove off, I said to myself, "I am ready for battle." This movie represents so much of my life. I used the mic and wrote the notes below to myself as I sat in front of 7-11 (where I buy cigarettes). By "heavy breathing" I mean heavier than usual but not alarmingly so.

Heavy breathing, adrenaline, I am ready for battle. Very alert, off to get cigarettes. I can't do this.

three times. I'm in front of

so this is a very raw message, which I will copy and paste when I get home, you don't have to reply. I have an acute awareness now of my body's reaction to movies like this which are a reflection of work I have done in the past and work I need to do now and in the future. This is very very very good. I will worry about quitting smoking another time.

#### [Here is Allen's reply.] By Olga Tokarczuk, from her book, Drive Your Plow Over the Bones of the Dead (2009)

"... And I should add that there was something else in that drawer as well: a wad of photographs, guite new, in color. I flicked through them, just out of habit, but one of them caught my attention. I looked at it more closely, and was about to lay it aside. It took me a while to understand what I was looking at. Suddenly total silence fell, and I found myself right in the middle of it. I stared at the picture. My body tensed, I was ready to do battle. My head began to spin, and a dismal wailing rose in my ears, a roar, as if from over the horizon an army of thousands was approaching voices, the clank of iron, the creak of wheels in the distance. Anger makes the mind clear and incisive, able to see more. It sweeps up the other emotions and takes control of the body. Without a doubt Anger is the source of all wisdom, for Anger has the power to exceed any limits. With shaking hands I put the photographs in my pocket, and at once I heard everything moving forwards, the world's engines firing up and its machinery taking off – a door creaked, a fork fell to the floor. Tears flowed from my eyes ..."

https://www.goodreads.com/ quotes/11552121-my-body-tensedi-was-ready-to-do-battle-my



This is my whole life in one Image of five women taking part in the archery contest at the CNE left to right: Florence movie which I have watched MacMillan, Moira Matthews, Julie Dewart, Mrs. Frank Hill and Olive H. Besco. Photographed and published by the Toronto Telegram. York University Libraries, Clara Thomas 7-Eleven now using my mic, Archives & Special Collections, Toronto Telegram fonds, F0433.

## Messages from Our Global Family

Wow, thanks Iona for compiling this Newspaper, and thank you for sharing. Looking forward to reading through.

Extremely excited looking at your birthday picture. You look more younger than before.

Akamushaba Sheirah, Uganda

So amazing seeing your birthday moment. What an exciting newspaper about the culture. Just looked on the first page, so motivatived to keep me reading. The email body alone will influence many to read this edition.

Sincerely,

**Amos Mugarura**, Equal friend forever, Uganda

Dear Iona,

A belated happy 80th birthday. Peace.

Wonderful job on your newsletter!

*Morgan Zo-Callihan*, California, USA

Congratulations dear Iona to attend 80 years old. It's not simple to realize that you are. It's God's mercy and blessings. Thank you for sharing this important information with us. I wish you all the best.

Thank you so much Mum Iona for your support and for watching. We are happy that you are inspired

by our work. We really appreciate your support and we will be looking forward to hear from you soon.

*Feruzi Juma Kikuni*, Kenya (see pages 12-14)

Okay mom let's keep up praying for you as well together with our beloved friends in different countries. Mom, it took our minds very far since we were very happy and doing Mobilization activities to different groups of friends like Mr. David but finally we failed to receive anything inform of donations since the GoFundMe program was stopped. Still we won't lose hope together with the kids let's keep praying day and night God will respond to us.

Okay mom let's continue praying such that God provides still mom we came up with a budget of \$450 of which this amount will enable us to open up a project which will help to generate money for Food, Rent, Medication expenses for the kid's as well.

Sadat Mutekanga, Uganda First Name Mutekanga Last Name Sadat Email address mutekangasadat211@gmail.com

Airtel Number+256705540252 Address Jinja Uganda Hello, I wanted to let you that I have got an attachment but I am unable to download it on my phone. I will need to do it on my laptop when I am back home on Tuesday. I am attending a funeral of my uncle on my home village who passed away.

I am also letting you know that I managed to create a campaign on Given Gain where I have already raised about £78 out of £4,800 that is the target.

Fundraising is one of devastating task, I agree to your absconding from any fundraising tasks. I am sure I will make the target.

Here is the link to the campaign, I hold a belief that, once you say a word over this campaign, everything will be okay; the children will have access to clean and safe water as I have been dreaming.

https://www.givengain.com/cc/borehole-drilli/

Yours,

**Sengo Kesheni**, Tanzania (see page 17)

As you celebrate your birthday, Mom, remember the words of Isaiah 40:31: "Those who hope in the Lord will renew their strength."

Wishing you a year of renewed strength and endless blessings.

Mukama Awali, Uganda

Freed from the burden of unbridled desires, we can enjoy what we have, celebrate what we've attained, and appreciate the familiar.

~ Philip Gulley ~